ALWAYS SAFETY FIRST, LLC

Holiday Newsletter 2026

Happy holidays from all of us at Always Safety First! Thank you for keeping us in mind when your clients need professional supervised visitation or exchange services. This issue shares updates on our monitors, language availability, and visit locations. We wish you and your colleagues a peaceful holiday season and a Happy New Year.



Palwinder (standing at left), Tanya (in black & white), Heather (in white & cream) and Carlos (seated at right)

Our LLC and Registered Agent.

We now operate as Always Safety First, LLC. California Registered Agent Inc. accepts service for the LLC at 1401 21st Street, Suite R, Sacramento, CA 95811. We route everything we file at the courthouse to our registered agent's office. The office automatically scans the documents it receives so we can promptly download the court endorsed files and forward them to clients.

Our Monitoring Team

Palwinder | Punjabi-speaking monitor Please welcome Palwinder to our team. He is based in Lodi and currently available Monday through Wednesday. He can travel to Sacramento County, including Elk Grove, for a travel fee. He is also available for supervised Zoom calls.

Tanya | Russian-speaking monitor Tanya is based in Carmichael on weekends and in Roseville during the week. She also serves surrounding communities. Tanya handled most of the agency's cases while Heather was in law school. When families are interested and photography is permitted for the visit, Tanya can take candid photos to share at the end. In addition to her other work as a paralegal, Tanya is starting her own photography business.

Carlos | Spanish-speaking monitor Carlos is based in Antelope and serves surrounding communities. He is a full-time employee of the Sacramento State University Police Department and is available weekends.

Heather Widen | Manager and monitor Heather is based in Fair Oaks and serves surrounding communities. She recently completed 28% of the Lincoln Law School program, earning a 3.67 GPA and an "A" in Family Law. She is currently on a break from school and plans to return in Fall 2027.

In October, Heather completed Safety in High Risk Clinical and Legal Situations, a training presented by Dr. Jeremiah Stokes that covered risk assessment, safety planning, and de-escalation. Following the training, we expanded the personal safety equipment our monitors carry discreetly. We hope to never need to use any of these items. We have expanded safety procedures in cases where there is concern regarding potential abduction. Heather continues to attend Domestic Violence Prevention Collaborative (DVPC) meetings occasionally. In July, she participated in the Sacramento County Self-Assessment Community Engagement Meeting hosted by County Probation and Department of Child and Family Services Departments.

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Where Have Our Clients Been Having Fun Lately?

We believe that getting clients out to make new fun memories together helps to avoid talking about the past and future. We encourage families to save their serious conversations for counseling sessions. Here are the places we've had visits in approximately the last year. We check hourly weather forecasts and encourage outdoor park visits when the weather is fair and temperatures are between 65°F and 85°F.

Regular Service Areas

Fair Oaks. Fair Oaks Park / Library / Starbucks complex, Montview Park, Taco Bell, Mt. Mike's Pizza, Raley's Community Room, Chili's, and Lviv Cafe.

Carmichael. Effie Yeaw Nature Center, Gibbons Park, Carmichael Park, and Eugene Ahner Park.

Citrus Heights. Chuck E. Cheese, Galaxy Game Cafe*, Fun City Adventure Park, Leatherby's, Rusch Park, Taco Bell, Round Table Pizza, Chick-fil-A, and Raising Cane's.

Roseville. Fountains at Roseville, including Dave & Buster's, Petroglyph Ceramic Lounge, Roseville Galleria Mall (including Build a Bear and food court), Sunsplash Golfland (arcade, cafe, golf and mini cars area only), Round Table Pizza, and Santucci Park.

* An asterisk indicates a parent advisory for that location. Please check with Manager Heather Widen.

Travel Fee Areas

Rancho Cordova and Gold River. Sacramento Children's Museum, Hagan Park, Soil Born Farms, Chipotle, The Old Spaghetti Factory, Sactown Family Fun Mini Golf and Arcade*, and BAPS Shri Swaminarayan Mandir (Mather).

Arden area. Arden Fair Mall, Starbucks, Pushkin's, and Petroglyph Ceramic Lounge*.

Sacramento. Sacramento Zoo, William Land Park, Fairytale Town, Old Sacramento, California State Railroad Museum, Southside Park, Sky Zone on Date Avenue, Scandia Fun Center, Nena's Mexican Cuisine, SMUD Museum of Science and Curiosity, Pilothouse Restaurant in the Delta King, Rebounderz, Lucky Strike Bowling, and Statehouse Outpost & Catering (high security location).

Folsom. Lion's Park and Busy Kids. **Elk Grove.** The Center at District 56, Starbucks, Chuck E. Cheese and Sky Zone. **Natomas.** Witter Ranch Park, North Natomas Regional Park, the Promenade at Sacramento Gateway, Chipotle, Park Place Shopping Center, and FUNBOX Bounce & Party Center. **Rocklin.** Destiny Church. **Fairfield.** Laurel Creek Park, Jumpity Bumpity, Starbucks, Rockville Hills Regional Park, and Larry's Produce.

How We Are Using AI. This fall, with appropriate confidential safeguards, we began using AI more often to draft clear, detailed visit confirmations. We've also used AI to convert our intake packet to an updated fillable PDF form. We will be updating our website with AI's assistance next.

We Take Breaks Between Clients. We let clients know when their monitor is scheduled between clients for a 10-minute rest break or a 30-minute meal break under applicable California law. During that time, the monitor is unavailable for calls and texts. Breaks support our monitors' well-being and help us comply with state law. We believe the breaks are also essential to maintaining the quality of our supervision. If you're choosing an agency, we encourage you to ask if it schedules breaks for monitors between exchanges.